 Breakfast & Snack - October, 2017

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| --- | --- | --- | --- | --- |
| 10/2  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 10/3  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Raspberry yogurt | 10/4  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 10/5  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 10/6  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 10/9  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 10/10  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 10/11  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 10/12  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 10/13  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 10/16  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 10/17  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Blueberry yogurt | 10/18  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 10/19  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 10/20  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 10/23  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 10/24  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 10/25  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 10/26  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 10/27  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 10/30  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 10/31  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Strawberry/banana yogurt |  |  |  |

 Breakfast & Snack - November, 2017

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| --- | --- | --- | --- | --- |
|  |  | 11/1  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 11/2  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 11/3  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 11/6  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 11/7  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 11/8  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 11/9  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 11/10  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 11/13  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 11/14  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Cherry vanilla yogurt | 11/15  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 11/16  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 11/17  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 11/20  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 11/21  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 11/22  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 11/23  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR THANKSGIVING HOLIDAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 11/24  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR THANKSGIVING HOLIDAY \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* |
| 11/27  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 11/28  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Peach yogurt | 11/29  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 11/30  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix |  |

 Breakfast & Snack - December, 2017

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| --- | --- | --- | --- | --- |
|  |  |  |  | 12/1  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 12/4  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 12/5  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 12/6  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 12/7  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 12/8  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 12/11  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 12/12  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Raspberry yogurt | 12/13  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 12/14  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 12/15  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 12/18  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 12/19  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 12/20  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 12/21  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 12/22  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 12/5  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR CHRISTMAS HOLIDAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 12/26  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Blueberry yogurt | 12/27  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 12/28  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 12/29  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |

 Breakfast & Snack - January, 2018

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| --- | --- | --- | --- | --- |
| 1/1  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR NEW YEAR’S  DAY HOLIDAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 1/2  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 1/3  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 1/4  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 1/5  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 1/8  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 1/9  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Strawberry/banana yogurt | 1/10  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 1/11  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 1/12  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 1/15  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR MLK JR’S  BIRTHDAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 1/16  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 1/17  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 1/18  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 1/19  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 1/22  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 1/23  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Cherry vanilla yogurt | 1/24  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 1/25  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 1/26  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 1/29  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 1930  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 1/31  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes |  |  |

 Breakfast & Snack - February, 2018

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| --- | --- | --- | --- | --- |
|  |  |  | 2/1  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 2/2  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 2/5  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 2/6  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Peach yogurt | 2/7  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 2/8  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 2/9  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 2/12  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 2/13  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 2/14  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 2/15  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 2/16  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 2/19  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR PRESIDENT’S DAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 2/20  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Raspberry yogurt | 2/21  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 2/22  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 2/23  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 2/26  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 2/27  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 2/28  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes |  |  |

 Breakfast & Snack - March, 2018

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| --- | --- | --- | --- | --- |
|  |  |  | 3/1  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 3/2  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 3/5  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 3/6  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Blueberry yogurt | 3/7  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 3/8  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 3/9  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 3/12  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 3/13  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 3/14  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 3/15  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 3/16  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 3/19  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 3/20  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Strawberry/banana yogurt | 3/21  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 3/22  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 3/23  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 3/26  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 3/27  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 3/28  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 3/29  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 3/30  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |

 Breakfast & Snack - April, 2018

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 4/2  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 4/3  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Cherry vanilla yogurt | 4/4  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 4/5  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 4/6  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 4/9  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 4/10  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 4/11  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 4/12  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 4/13  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 4/16  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 4/17  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Peach yogurt | 4/18  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 4/19  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 4/20  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 4/23  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 4/24  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 4/25  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 4/26  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 4/27  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 4/30  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches |  |  |  |  |

 Breakfast & Snack - May, 2018

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| --- | --- | --- | --- | --- |
|  | 5/1  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Raspberry yogurt | 5/2  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 5/3  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 5/4  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 5/7  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 5/8  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 5/9  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 5/10  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 5/11  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 5/14  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 5/15  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Blueberry yogurt | 5/16  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 5/17  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 5/18  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 5/21  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 5/22  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 5/23  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 5/24  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 5/25  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 5/28  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR  MEMORIAL DAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 5/29  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Strawberry/banana yogurt | 5/30  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 5/31  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix |  |

 Breakfast & Snack - June, 2018

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| --- | --- | --- | --- | --- |
|  |  |  |  | 6/1  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 6/4  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 6/5  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 6/6  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 6/7  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 6/8  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 6/11  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 6/12  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Cherry vanilla yogurt | 6/13  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 6/14  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 6/15  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 6/18  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 6/19  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 6/20  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 6/21  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 6/22  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 6/25  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 6/26  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Peach yogurt | 6/27  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 6/28  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 6/29  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |

 Breakfast & Snack - July, 2018

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| --- | --- | --- | --- | --- |
| 7/2  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 7/3  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 7/4  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR  INDEPENDENCE DAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 7/5  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 7/6  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 7/9  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 7/10  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Raspberry yogurt | 7/11  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 7/12  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 7/13  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 7/16  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 7/17  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 7/18  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 7/19  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 7/20  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 7/23  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 7/24  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Blueberry yogurt | 7/25  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 7/26  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 7/27  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 7/30  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 7/31  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola |  |  |  |

 Breakfast & Snack - August, 2018

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| --- | --- | --- | --- | --- |
|  |  | 8/1  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 8/2  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 8/3  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 8/6  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 8/7  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Strawberry/banana yogurt | 8/8  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 8/9  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 8/10  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 8/13  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 8/14  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 8/15  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 8/16  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 8/17  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 8/20  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 8/21  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Cherry vanilla yogurt | 8/22  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 8/23  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 8/24  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 8/27  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 8/28  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 8/29  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 8/30  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 8/31  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |

 Breakfast & Snack - September, 2018

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| --- | --- | --- | --- | --- |
| 9/3  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  CLOSED FOR  LABOR DAY  \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 9/4  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Peach yogurt | 9/5  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 9/6  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 9/7  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 9/10  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 9/11  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 9/12  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 9/13  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 9/14  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
| 9/17  Rice Chex  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Graham cracker  Diced peaches | 9/18  Cinnamon bagel w/butter  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Saltines  Raspberry yogurt | 9/19  Oatmeal-apple  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita bread  Hummus | 9/20  Bran muffin  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Diced pears  Cereal snack mix | 9/21  Kix  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Flatbread  Sliced cheddar |
| 9/24  40% Bran flakes  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Wheat thins  String cheese | 9/25  Wheat bagel w/cream cheese  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Vanilla yogurt with  Granola | 9/26  Oatmeal-peach  Crisp  ~~~~~~~~~~~~~~~~~~~~~~  Soft breadsticks  Cheese cubes | 9/27  Rice Crispies  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Whole wheat pita pizza with  Cheese | 9/28  Cheerios  Fresh fruit  ~~~~~~~~~~~~~~~~~~~~~~  Soft pretzel  Applesauce |
|  |  |  |  |  |