 Breakfast & Snack - October, 2017

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 10/2Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 10/3Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Raspberry yogurt | 10/4Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 10/5Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 10/6KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 10/940% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 10/10Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 10/11Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 10/12Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 10/13CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 10/16Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 10/17Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Blueberry yogurt | 10/18Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 10/19Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 10/20KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 10/2340% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 10/24Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 10/25Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 10/26Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 10/27CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 10/30Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 10/31Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Strawberry/banana yogurt |  |  |  |

 Breakfast & Snack - November, 2017

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| --- | --- | --- | --- | --- |
|  |  | 11/1Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 11/2Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 11/3KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 11/640% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 11/7Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 11/8Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 11/9Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 11/10CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 11/13Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 11/14Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Cherry vanilla yogurt | 11/15Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 11/16Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 11/17KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 11/2040% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 11/21Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 11/22Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 11/23\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*CLOSED FOR THANKSGIVING HOLIDAY\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 11/24\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*CLOSED FOR THANKSGIVING HOLIDAY\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* |
| 11/27Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 11/28Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Peach yogurt | 11/29Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 11/30Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix |  |

 Breakfast & Snack - December, 2017

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  |  |  | 12/1KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 12/440% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 12/5Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 12/6Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 12/7Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 12/8CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 12/11Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 12/12Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Raspberry yogurt | 12/13Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 12/14Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 12/15KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 12/1840% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 12/19Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 12/20Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 12/21Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 12/22CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 12/5\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*CLOSED FOR CHRISTMAS HOLIDAY\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 12/26Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Blueberry yogurt | 12/27Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 12/28Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 12/29KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |

 Breakfast & Snack - January, 2018

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1/1\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*CLOSED FOR NEW YEAR’SDAY HOLIDAY\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 1/2Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 1/3Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 1/4Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 1/5CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 1/8Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 1/9Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Strawberry/banana yogurt | 1/10Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 1/11Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 1/12KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 1/15\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*CLOSED FOR MLK JR’S BIRTHDAY\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 1/16Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 1/17Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 1/18Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 1/19CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 1/22Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 1/23Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Cherry vanilla yogurt | 1/24Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 1/25Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 1/26KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 1/2940% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 1930Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 1/31Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes |  |  |

 Breakfast & Snack - February, 2018

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| --- | --- | --- | --- | --- |
|  |  |  | 2/1Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 2/2CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 2/5Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 2/6Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Peach yogurt | 2/7Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 2/8Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 2/9KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 2/1240% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 2/13Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 2/14Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 2/15Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 2/16CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 2/19\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*CLOSED FORPRESIDENT’S DAY\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 2/20Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Raspberry yogurt | 2/21Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 2/22Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 2/23KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 2/2640% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 2/27Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 2/28Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes |  |  |

 Breakfast & Snack - March, 2018

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  |  | 3/1Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 3/2CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 3/5Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 3/6Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Blueberry yogurt | 3/7Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 3/8Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 3/9KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 3/1240% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 3/13Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 3/14Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 3/15Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 3/16CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 3/19Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 3/20Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Strawberry/banana yogurt | 3/21Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 3/22Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 3/23KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 3/2640% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 3/27Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 3/28Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 3/29Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 3/30CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |

 Breakfast & Snack - April, 2018

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 4/2Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 4/3Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Cherry vanilla yogurt | 4/4Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 4/5Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 4/6KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 4/940% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 4/10Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 4/11Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 4/12Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 4/13CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 4/16Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 4/17Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Peach yogurt | 4/18Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 4/19Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 4/20KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 4/2340% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 4/24Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 4/25Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 4/26Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 4/27CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 4/30Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches |  |  |  |  |

 Breakfast & Snack - May, 2018

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | 5/1Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Raspberry yogurt | 5/2Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 5/3Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 5/4KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 5/740% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 5/8Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 5/9Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 5/10Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 5/11CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 5/14Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 5/15Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Blueberry yogurt | 5/16Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 5/17Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 5/18KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 5/2140% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 5/22Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 5/23Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 5/24Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 5/25CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 5/28\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*CLOSED FOR MEMORIAL DAY\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 5/29Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Strawberry/banana yogurt | 5/30Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 5/31Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix |  |

 Breakfast & Snack - June, 2018

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  |  |  | 6/1KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 6/440% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 6/5Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 6/6Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 6/7Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 6/8CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 6/11Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 6/12Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Cherry vanilla yogurt | 6/13Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 6/14Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 6/15KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 6/1840% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 6/19Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 6/20Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 6/21Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 6/22CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 6/25Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 6/26Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Peach yogurt | 6/27Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 6/28Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 6/29KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |

 Breakfast & Snack - July, 2018

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 7/240% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 7/3Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 7/4\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*CLOSED FOR INDEPENDENCE DAY\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 7/5Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 7/6CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 7/9Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 7/10Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Raspberry yogurt | 7/11Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 7/12Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 7/13KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 7/1640% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 7/17Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 7/18Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 7/19Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 7/20CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 7/23Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 7/24Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Blueberry yogurt | 7/25Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 7/26Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 7/27KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 7/3040% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 7/31Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola |  |  |  |

 Breakfast & Snack - August, 2018

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| --- | --- | --- | --- | --- |
|  |  | 8/1Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 8/2Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 8/3CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 8/6Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 8/7Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Strawberry/banana yogurt | 8/8Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 8/9Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 8/10KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 8/1340% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 8/14Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 8/15Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 8/16Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 8/17CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 8/20Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 8/21Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Cherry vanilla yogurt | 8/22Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 8/23Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 8/24KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 8/2740% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 8/28Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 8/29Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 8/30Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 8/31CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |

 Breakfast & Snack - September, 2018

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 9/3\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*CLOSED FOR LABOR DAY\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | 9/4Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Peach yogurt | 9/5Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 9/6Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 9/7KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 9/1040% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 9/11Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 9/12Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 9/13Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 9/14CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
| 9/17Rice ChexFresh fruit~~~~~~~~~~~~~~~~~~~~~~Graham crackerDiced peaches | 9/18Cinnamon bagel w/butterFresh fruit~~~~~~~~~~~~~~~~~~~~~~Saltines Raspberry yogurt | 9/19Oatmeal-apple Crisp~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita breadHummus | 9/20Bran muffinFresh fruit~~~~~~~~~~~~~~~~~~~~~~Diced pears Cereal snack mix | 9/21KixFresh fruit~~~~~~~~~~~~~~~~~~~~~~FlatbreadSliced cheddar |
| 9/2440% Bran flakesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Wheat thinsString cheese | 9/25Wheat bagel w/cream cheeseFresh fruit~~~~~~~~~~~~~~~~~~~~~~Vanilla yogurt withGranola | 9/26Oatmeal-peachCrisp~~~~~~~~~~~~~~~~~~~~~~Soft breadsticksCheese cubes | 9/27Rice CrispiesFresh fruit~~~~~~~~~~~~~~~~~~~~~~Whole wheat pita pizza withCheese | 9/28CheeriosFresh fruit~~~~~~~~~~~~~~~~~~~~~~Soft pretzelApplesauce |
|  |  |  |  |  |